



Dear Parents,

Please find here below the programme of study for Sex and Relationships education for M1 to M5 students.

Years M1 and M2

Session Title	Suggested Outcomes
Healthy Relationships and Online Safety	<ul style="list-style-type: none">• To explore the different types of relationships that young people participate in.• To encourage self-reflection and evaluation skills in determining the positivity or otherwise of relationships.• To explore the different kinds of relationships that young people can experience, including sexual relationships.• To increase young people's knowledge and understanding of the risks and benefits of digital use.• To inform young people about their legal rights and responsibilities.• To create a safe space to think about the complexities of online life and relationships.• To enable young people to manage their own digital footprint.
Puberty and Body Changes	<ul style="list-style-type: none">• To increase young people's knowledge of human anatomy, puberty, reproduction, and fertility.• To enable young people to accept, care for and celebrate their own and others' changing bodies.• To enable young people to enjoy support and create positive relationships with family, friends, peers and others.

Year M3

Session Title	Suggested Outcomes
Pornography & Online Safety	<ul style="list-style-type: none">• To develop critical thinking skills around consumption of sexual media and recognise that there is diversity in bodies, relationships, sexual desires, gender and sexual identity.• To reduce gender inequality and discrimination, including gender based violence and abuse.• To help young people develop an understanding of their own sexuality and sexual desire.• To help young people understand their rights and responsibilities within society.
Sex and the Law	<ul style="list-style-type: none">• Young people understand their rights within relevant legal frameworks. Young people will:<ul style="list-style-type: none">• Know that young people have rights under the UNCRC• Know that the legal age of sexual consent in the UK is 16• Know that the legal age of sexual consent is different in different countries



	<ul style="list-style-type: none"> Know that young people have the right to access confidential, non-judgemental sexual health and/or support services Understand relevant parts of the Sexual Offences Act (England) Know how to report a relevant offence Understand legal frameworks in relation to religious frameworks and cultural practices
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Years M4 and M5

Session Title	Suggested Outcomes
STIs	<ul style="list-style-type: none"> Reduce the prevalence of STIs amongst young people. Inform young people about how STIs are transmitted, tested and treated. To help young people understand their rights and responsibilities within society. To signpost young people effectively to local services.
Consent	<ul style="list-style-type: none"> To increase young people's understanding of consent. To inform and explain about sex, consent and the law. To explore the difference between physical consent and digital consent. To examine the ways that consent is communicated and what it means to refuse to consent.
Condoms and Contraception	<ul style="list-style-type: none"> To help young people develop critical thinking skills around sex, contraception, and consent. To explain and demonstrate how barrier methods of contraception work. To explain how non-barrier methods of contraception work. To highlight the difference between contraception and protection from STIs. To help young people understand their rights and responsibilities. To help young people understand their own and other's bodies and how they work.

Delivery Plan

9/11/17	23/11/17	11/1/18	18/1/18	8/2/18	22/2/18	8/3/18
Upto 60 YP	Upto 60 YP	Upto 40 YP	Upto 40 YP	Upto 60 YP	Upto 60 YP	Upto 60 YP
M4 and M5	M4 and M5	M3	M3	M4 and M5	M1 and M2	M1 and M2
09.30-10.40	09.30-10.40	09.30-10.40	09.30 – 10.40	09.30-10.40	09.30-10.40	09.30-10



- The above outcomes are the education framework that our Specialists work to. They are not exhaustive and are differentiated to account for differing age groups/abilities. Dwight students can access the subject matter at a level that is appropriate and meaningful for them.
- Depending upon young people's prior knowledge and their engagement, sessions will be tailored to our students needs.

In accordance with section 241 of the Education Act (1993), parents have the right to withdraw their children from any, or all, of the School's sex education programme other than those required by the curriculum for science subjects. **If you wish to exercise this right for the forthcoming academic year you must contact the PSHE coordinator in writing as soon as possible: Mrs Barbara Veschi** bveschi@dwightlondon.org